

# **MENU**

### Roar Bistro & Bar: Where the Lion Roars in Sandton

Welcome to Roar Bistro & Bar, where the lion's ROAR echoes through every dish and every corner. Nestled in the vibrant heart of Sandton, Johannesburg, our restaurant stands as a beacon of culinary excellence and warm hospitality.

#### Flavour

Our menu is a symphony of flavours that celebrates South African and Southern African cuisine, using fresh ingredients and bold local spices. From succulent venison to tantalizing local delicacies, every bite is an invitation to savour the essence of our culinary heritage.

#### Service

Every detail is meticulously curated to elevate your dining experience.

Our staff are storytellers, guiding you through our menu with passion and knowledge.

Whether it is the perfect wine pairing or simply attending to your every need.

At Roar Bistro & Bar, service is not just a duty; it's a calling.

#### **Ambience**

As you dine with us, the lion's roar is not just a sound; it's a feeling that permeates the air. With ambient music and a vibrant atmosphere, every moment at Roar Bistro & Bar immerses you with warmth.

### Join Us

Whether you're a seasoned food enthusiast or seeking a memorable dining experience, Roar Bistro & Bar welcomes you with open arms. Come, indulge your senses, and let the lion's roar guide you on a culinary adventure like no other.

At Roar Bistro, we've partnered with Bull & Bush Meat Merchants to bring you an unparalleled dining experience. Our commitment to quality stems from the lush grazing lands of Northern KwaZulu Natal and the rich farming traditions of Vryheid and Sutherland. With Bull & Bush's expertise in sourcing the finest cuts of meat, we ensure that every dish we serve reflects the dedication to excellence that defines both our establishments. Come savour the difference at Roar Bistro, where every bite tells a story of heritage and flavour.



MEAT & POULTRY	
Chicken Livers Braised in tomato, onion & cream sauce, infused with brandy & fresh thyme. Served with steamed dombolo bread.	R90
Confit Duck Spring Rolls Spring rolls (3) with a citrus, soy, ginger dipping sauce	R125
Beef Trinchado Red wine, garlic and bay leaf sauce with steamed dombolo bread	R120
Venison Carpaccio Carpaccio herb mustard, rocket & parmesan salad & vinaigrette dressing	R150
FISH	
Grilled Calamari Grilled Cajun crema calamari with fresh fennel salsa	R145
Tempura Prawns Queen prawns (3) deep-fried, soy-ginger-honey dipping sauce	R140
Steamed Mussels White wine, lemongrass, cream, crispy croutons	R135
Salmon & Peas Seared salmon, salmon mousse, crushed peas, black pepper aioli	R190
VEGETARIAN	
Edamame Beans (V) Steamed with a chilli-soy dipping sauce	R80
Arancini Deep-fried risotto balls with a filling of mushrooms, crème fraiche, edamame beans	R90
Beetroot & Goat Cheese Roasted beetroot, goat cheese, orange gel, toasted walnuts, balsamic dressing	R110

## **MEAT & POULTRY** \_ R220 Beef Mogodu (Tripe) Slow cooked the traditional way, with steamed dombolo breads on the side R190 Cajun Chicken Pasta Cajun chicken breast, baby tomatoes, fettucine, cream, pesto garlic, shaved parmesan Grilled Baby Chicken R230 Char-grilled with hand cut fries, steamed vegetables. Peri-peri or lemon & herb R270 Lamb Shank Slow-braised with seasonal vegetables, mashed potato & red wine jus Crispy Pork Belly R260 Honey & soya slow-braised pork with sweet potato mash & bok choy Oxtail Potiie R260 Slow-braised beef stew with roasted baby onions & steamed rice **Goat Stew** R230 Goat meat on the bone, slow-braised, with jollof rice on the side R275 Parmesan mash, long stem broccoli, mushroom sauce or brandied green peppercorn sauce Tomahawk Steak R355 With biltong butter, fries, mushroom sauce or green peppercorn sauce Surf & Turf R375 Beef fillet (250gr) and lemon butter gueen prawns (3) served with seasonal vegetables FISH \_\_\_\_ Seared Salmon R265 Pea purée, chorizo black rice, pepper aioli, braised baby fennel, salsa verde Grilled Baby Kingklip R280 Whole fish with butternut purée, pan-fried bell peppers, saffron potatoes, lemon butter sauce Whole Grilled Fish R330 On tomato & bell pepper sauce, served with spicy jollof rice R360 Queen Prawns Prawns (8) grilled in lemon butter or spicy homemade peri-peri sauce, with rice & steamed vegetables Grilled Calamari R240 Baby calamari, roasted tomato, basil, cream & lemon zest sauce, savoury rice & grilled vegetables Prawn Rigatoni R320 Queen prawns grilled in tomato cream sauce, baby spinach, shaved parmesan VEGETARIAN \_\_\_\_ Gnocchi Gorgonzola R210 Steamed potato dumplings, broccoli, cream sauce, shaved parmesan Mushroom Risotto R160

Shimeji and Shiitaki mushrooms slow-cooked with kale & parmesan cheese

# SALADS R95 Cous-Cous Roasted butternut, feta cheese, red onion, fresh coriander, lemon dressing Chicken & Halloumi R145 Grilled Chicken Breast, avocado, toasted corn, lettuce, tomato, cucumber, mayo dressing **Grilled Prawn** R210 Queen prawns (4), Avocado, heirloom tomatoes, lettuce, cucumber, homemade mayo dressing SIDES \_ All sides R50 Side salad, mashed potato, egg fried rice / Jollof rice, hand-cut fries, creamed spinach, grilled whole corn & feta dombolo, steamed vegetables, pap, munthu spinach, risotto **Side Sauces** R45 Mushroom sauce, jalapeno & biltong, pepper sauce, Asian glaze, peri peri, creamy garlic butter, lemon butter DESSERTS Amarula Creme Brûlee R80 R90 Tiramisu Served with jelly & vanilla ice cream **Chocolate Fondant** R110 With vanilla bean ice cream and fresh blueberry & mint salsa Malva Pudding R90 Traditional baked sponge pudding with crème anglaise Cheesecake R90

With berry compote